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**Curriculum Vita** 

## **Education**

2017 Evidence in Motion of Health Professions 2017-2016 Evidence in Motion of Health Professions 2005 Texas Woman's University, Dallas, TX 1999 University of Oklahoma, Norman, OK Doctorate in Physical Therapy Executive Program in Private Practice Management Masters of Science of Physical Therapy BS in Health and Sport Science with a Minor in Spanish

## **Employment**

2020-2007 Physical Therapy Central of Choctaw, Choctaw, OK 2007-2005 Physical Therapy Central of Norman, Norman, OK

Clinic Director/Owner Physical Therapist

## Teaching/Leadership Experience

2005-2020 APTA Clinical Instructor for PT/PTA

University of Oklahoma HSC

**Temple University** 

University of Central Arkansas Texas Women's University Texas Tech University Murray State College Hardin Simmons University University of St. Augustine University of Alabama Langston University East Carolina University

Oklahoma City Community College

2020-2010 ABPTS Orthopedic Specialist Mentor
2019-2005 Physical Therapy Central Board of Directors PTC
2018 Emerging Leaders Committee Chair PTC

Emerging Leaders Committee Chair PTC
 Recruitment and Retentions Committee PTC

2017-2012 Choctaw Area Chamber of Commerce Board of Directors
2017 Choctaw Area Chamber of Commerce Chairman

2017-2014 University of Oklahoma HSC PT Pre Graduate Orthopedic Forum

2011 New Ownership Mentor Program PTC2011-2010 Monthly Mentorship Lecture/Lab PTC

Thoracic Spine mobilization/manipulation Elbow Assessment and Manual Treatment

## **Continuing Education**

2019 Ethics Oklahoma Physical Therapy

ASTYM Therapy Certification Performance Dynamics, Inc

Moving into the Future with Physical Therapy Oklahoma Physical Therapy Association

2018 Amazing Customer Service Physical Therapy Central

Blood Flow Restriction Therapy Oklahoma Physical Therapy Association

Orthopedic Surgery Update Oklahoma Physical Therapy Association Essentials of Musculoskeletal Imaging Evidence in Motion of Health Professions

2017 Executive Management and Strategy for Leaders Evidence in Motion of Health Professions

Management and Strategy Evidence in Motion of Health Professions

Conscious and Resonate Leadership Evidence in Motion of Health Professions

Financial Analysis and Performance Evidence in Motion of Health Professions

Organization Development and Human Resources Evidence in Motion of Health Professions

Marketing Evidence in Motion of Health Professions Technology Evidence in Motion of Health Professions

Business Development Evidence in Motion of Health Professions

Marketing, PR, and Customer Service Evidence in Motion of Health Professions

Legal and Compliance Evidence in Motion of Health Professions Organizational Development Evidence in Motion of Health Professions Evidence Based Practice Evidence in Motion of Health Professions

Essentials of Pharmacology and Clinical Lab Tests Evidence in Motion of Health Professions

Essentials of Medical Screening Evidence in Motion of Health Professions

The Ethical Triangle of the PT/PTA and the Patient Relationship Oklahoma Physical Therapy Association

2016 Pump up the Value: Why Innovation is the Key to Achieving Optimal Patient Outcomes
Oklahoma Physical Therapy Association

Called to Care Evidence in Motion of Health Professions

Therapeutic Neuroscience Education Teaching People About Pain International Spine and Pain Institute

2015 Utilizing Dynasplint with the Neurological Patient Dynasplint Systems

Upper Quadrant Trigger Point Dry Needling Physical Therapy Central

Ethics Oklahoma Physical Therapy Association

Clinical Reasoning and Theory Physical Therapy Central

2014 Upper Quadrant Trigger Point Dry Needling Physical Therapy Central

Upper Quadrant Trigger Point Dry Needling Physical Therapy Central

PPS 2014 Annual Conference and Exposition American Physical Therapy Association Legislative Update: HB1020 & Beyond Oklahoma Physical Therapy Association Orthopedic Surgery Update: Oklahoma Physician Panel Oklahoma Physical Therapy Association

2013 Lumbar Spine Rehabilitation Medbridge Education

Clinical Instructor Update: How to Mentor Students Who Are Evidence Based Practitioners

OUHSC Department of Rehabilitation Sciences

Ethics for Rehabilitation Professionals Medbridge Education

Integrated Trigger Point Dry Needling (TDN) for the Lower Quarter (Level 1) Evidence in Motion

2012 Private Practice Section Annual Conference, Las Vegas, NV American Physical Therapy
Association

Business Management Principles for the Physical Therapist Evidence in Motion of Health

**Professions** 

Information on APTA' Revised Code of Ethics for the Physical Therapist and Standards of

Ethical Conduct for the Physical Therapist Assistant American Physical Therapy

Association

Combined Sections Meeting in New Orleans, LA American Physical Therapy Association

Mind your PPO's: What you don't know can cost you Technology in PT Practice Oklahoma **Physical Therapy Association** Evidence-based Examination and Interventions for Patients with Management of Cervical Thoracic Disorders Evidence in Motion of Health Professions Physical Therapy Central Monthly Clinical Review Meetings Physical Therapy Central 2010 Evidence in Motion of Health Professions OCS Test Prep Course Evidence in Motion of Health Spinal Manipulation Update-Course 2 OUHSC Department of Rehabilitation Science 2009 Kyphoplasty Integris Jim Thorpe Hospital, OKC, OK Using the SWAG Method of Strength Assessment and Training in Rehabilitation OUHSC Department of Rehabilitation Science Neural Tension Testing for the Upper Extremity OUHSC Department of Rehabilitation Science Pelvic Floor Muscle Function and Integrity: Understanding the Key Role in Lumbopelvic Stability and Conditions that Manifest as Lower Back Pain OUHSC Department of Rehabilitation Science Enhancing the Therapist: Therapist Assistant Partnership OUHSC Department of Rehabilitation Orthopedic Physical Assessment: The Spine Module 10: Lumbar Spine Homeceuconection.com Orthopedic Physical Assessment: The Spine Module 9: Thoracic Spine Homeceuconection.com Orthopedic Physical Assessment: The Extremities Module 2: Elbow Homeceuconection.com Orthopedic Physical Assessment: The Extremities Module 1: Shoulder Homeceuconection.com Postsurgical Orthopedic Sports Rehab Knee and Shoulder Module 1: Concepts of Postsurgical Management Homeceuconection.com Is this Job a Good Fit: Ethical Distress in the Workplace Oklahoma Physical Therapy Association 2008 NAI Level 3Peripheral Manipulation North American Institute of Orthopedic Manual Therapy NAI Level 3 Upper Quadrant North American Institute of Orthopedic Manual Therapy NAI Level 3Lower Quadrant North American Institute of Orthopedic Manual Therapy 2007 Ethics Oklahoma Physical Therapy, online Innovative Educational Services Differential Diagnosis and Medical Screening for Physical Therapists Oklahoma Physical Therapy Association 2006 NAI Level 2 Upper Quadrant North American Institute of Orthopedic Manual Therapy NAI Level 2 Lower Quadrant North American Institute of Orthopedic Manual Therapy 2005 NAI Level 1Differential Diagnosis North American Institute of Orthopedic Manual Therapy